

VII Capocolonna Crotone

Data
Gara

01/06/2019
VII CapoColonna

Generale

pos	pett.	atleta	sex	cat.	p.cat	team	naz	race time	real time	gap	media
1	42	PRANNO ANDREA	M	SM	1	COSENZA K42	ITA	0:31:38	0:31:38		3:09
2	43	GAGLIARDI GIUSEPPE	M	SM40	1	COSENZA K42	ITA	0:33:34	0:33:34	+1:56	3:21
3	142	MAGGISANO ANTONINO	M	SM35	1	LIBERTAS ATL.LAMEZIA	ITA	0:33:52	0:33:52	+2:15	3:23
4	58	CARBONE ALDO	M	SM	2	COSENZA K42	ITA	0:34:09	0:34:09	+2:32	3:24
5	70	GIUNGATO ALBERTO	M	PM	1	COSENZA K42	ITA	0:34:13	0:34:13	+2:35	3:25
6	27	AMODEO ANTONIO	M	SM35	2	MARATHON CS	ITA	0:34:34	0:34:34	+2:56	3:27
7	141	CURCIO SALVATORE	M	SM35	3	LIBERTAS ATL.LAMEZIA	ITA	0:34:35	0:34:35	+2:58	3:27
8	53	ESPOSITO AGOSTINO	M	SM40	2	COSENZA K42	ITA	0:35:35	0:35:35	+3:57	3:33
9	61	IMBROGNO LUIGI	M	SM50	1	COSENZA K42	ITA	0:35:41	0:35:41	+4:03	3:34
10	60	SANCHEZ CHAVEZ ERIC EDUARDO	M	SM35	4	COSENZA K42	ITA	0:35:43	0:35:43	+4:06	3:34
11	102	RIZZUTI GIUSEPPE	M	SM35	5	A.S.D. JURE SPORT	ITA	0:35:52	0:35:52	+4:15	3:35
12	119	SESTI EMANUELE	M	SM	3	ASD DOJO JUDO RUNNING	ITA	0:36:15	0:36:15	+4:37	3:37
13	78	FOCA' DOMENICO	M	SM40	3	COSENZA K42	ITA	0:36:23	0:36:23	+4:46	3:38
14	176	MIRARCHI ADRIANO	M	SM40	4	HOBBY MARATHON	ITA	0:36:29	0:36:29	+4:52	3:38
15	75	LECCADITO ARTURO	M	SM35	6	COSENZA K42	ITA	0:36:32	0:36:32	+4:55	3:39
16	15	PASTORE CATALDO	M	SM40	5	A. S. D. MILONRUNNERS	ITA	0:36:34	0:36:34	+4:56	3:39
17	184	RUBINO VITALIANO	M	SM40	6	HOBBY MARATHON	ITA	0:36:43	0:36:43	+5:05	3:40
18	190	RODIO DOMENICO	M	SM45	1	HOBBY MARATHON	ITA	0:36:47	0:36:47	+5:09	3:40
19	272	GAUDIOSO GIUSEPPE	M	SM35	7	ASD RUNNING PALMI	ITA	0:36:50	0:36:50	+5:12	3:40
20	140	CRISTIANO ANTONIO	M	SM50	2	LIBERTAS ATL.LAMEZIA	ITA	0:36:58	0:36:58	+5:21	3:41
21	4	TALARICO CARMINE	M	SM50	3	A. S. D. MILONRUNNERS	ITA	0:37:06	0:37:06	+5:29	3:42
22	219	GUALTIERI ANTONIO	M	SM35	8	RUN FOR CATANZARO	ITA	0:37:06	0:37:06	+5:29	3:42
23	7	PASTORE MARCELLO	M	SM	4	A. S. D. MILONRUNNERS	ITA	0:37:17	0:37:17	+5:39	3:43
24	260	RUGGIA LUIGI	M	SM35	9	PODISTILOCRI	ITA	0:37:27	0:37:27	+5:49	3:44
25	66	SPINA DAMIANO	M	SM35	10	COSENZA K42	ITA	0:37:34	0:37:34	+5:56	3:45
26	203	GATTO PIETRO	M	SM55	1	VIOLETTACLUB	ITA	0:37:35	0:37:35	+5:57	3:45
27	192	PALMERINO ALESSANDRO	M	SM45	2	HOBBY MARATHON	ITA	0:37:36	0:37:36	+5:59	3:45
28	118	CONFORTI MASSIMO	M	SM40	7	ASD DOJO JUDO RUNNING	ITA	0:37:37	0:37:37	+6:00	3:45
29	95	MARTINO PASQUALE	M	SM50	4	A.S.D. JURE SPORT	ITA	0:37:51	0:37:51	+6:13	3:47
30	281	CARVELLI ANTONIO	M	SM45	3	G.S. INTERFORZE TORINO	ITA	0:37:58	0:37:58	+6:20	3:47
31	202	PAONE FRANCESCA	F	SF	1	HOBBY MARATHON	ITA	0:38:02	0:38:02	+6:25	3:48
32	143	FERRARO LUIGI	M	SM35	11	LIBERTAS ATL.LAMEZIA	ITA	0:38:07	0:38:07	+6:30	3:48
33	37	GRECO GIANLUIGI	M	SM40	8	COSENZA K42	ITA	0:38:10	0:38:10	+6:33	3:48
34	259	CACCAMO ALESSANDRO	M	SM45	4	PODISTILOCRI	ITA	0:38:14	0:38:14	+6:36	3:49
35	77	SCORDINO FRANCESCO	M	SM50	5	COSENZA K42	ITA	0:38:16	0:38:16	+6:39	3:49
36	177	GAGLIARDI ORESTE	M	SM55	2	HOBBY MARATHON	ITA	0:38:26	0:38:26	+6:48	3:50
37	179	SESTITO LEONARDO	M	SM50	6	HOBBY MARATHON	ITA	0:38:27	0:38:27	+6:50	3:50
38	221	ALFIERI DANILO	M	SM35	12	RUN FOR CATANZARO	ITA	0:38:30	0:38:30	+6:52	3:50
39	230	LIOTINE RAFFAELE	M	SM45	5	SCUOLA ATLETICA	ITA	0:38:51	0:38:51	+7:14	3:53
40	175	SERGI SERGIO	M	SM50	7	HOBBY MARATHON	ITA	0:38:54	0:38:54	+7:17	3:53
41	147	BRANCATELLI FEDERICO	M	SM55	3	LIBERTAS ATL.LAMEZIA	ITA	0:39:00	0:39:00	+7:23	3:53
42	193	FARRELLI GIACOMO	M	SM35	13	HOBBY MARATHON	ITA	0:39:05	0:39:05	+7:28	3:54
43	98	CARVELLI LUIGI	M	SM	5	A.S.D. JURE SPORT	ITA	0:39:08	0:39:08	+7:31	3:54
44	210	LUMICISI VINCENZO	M	SM55	4	VIOLETTACLUB	ITA	0:39:23	0:39:23	+7:45	3:56
45	234	PUGLIESE LUCA	M	SM40	9	SCUOLA ATLETICA	ITA	0:39:24	0:39:24	+7:47	3:56
46	35	RAGUSA MASSIMO	M	SM50	8	COSENZA K42	ITA	0:39:27	0:39:27	+7:49	3:56
47	182	DESTEFANI STEFANO	M	SM45	6	HOBBY MARATHON	ITA	0:39:30	0:39:30	+7:52	3:56
48	186	JIRITANO TONI	M	SM45	7	HOBBY MARATHON	ITA	0:39:30	0:39:30	+7:53	3:56
49	222	LOPRETE NICOLA	M	SM35	14	RUN FOR CATANZARO	ITA	0:39:35	0:39:35	+7:57	3:57
50	139	BERNARDI GIANCARLO	M	SM60	1	LIBERTAS ATL.LAMEZIA	ITA	0:39:37	0:39:37	+8:00	3:57
51	72	CARUSO ROBERTO	M	SM40	10	COSENZA K42	ITA	0:39:38	0:39:38	+8:00	3:57
52	228	DE LA CRUZ AGUIRRE LUZ NADINE	F	SF	2	G.S.IL FIORINO	ITA	0:39:38	0:39:38	+8:01	3:57
53	51	POSA ANTONIO	M	SM55	5	COSENZA K42	ITA	0:39:42	0:39:42	+8:05	3:58
54	189	ROCCA PIERLUCA	M	SM35	15	HOBBY MARATHON	ITA	0:39:47	0:39:47	+8:10	3:58
55	187	VILLIRILLO GIULIO	M	SM35	16	HOBBY MARATHON	ITA	0:39:47	0:39:47	+8:10	3:58
56	38	GRECO GERARDO	M	SM45	8	COSENZA K42	ITA	0:39:55	0:39:55	+8:17	3:59
57	263	BASILE NICOLA	M	SM45	9	PODISTILOCRI	ITA	0:40:06	0:40:06	+8:29	4:00

Generale

pos	pett.	atleta	sex	cat.	p.cat	team	naz	race time	real time	gap	media
58	150	MASCARO VINCENZO	M	SM	6	LIBERTAS ATL.LAMEZIA	ITA	0:40:12	0:40:12	+8:34	4:01
59	246	SPOSARI SERGIO	M	SM45	10	ATLETICA SCIUTO	ITA	0:40:16	0:40:16	+8:38	4:01
60	50	PETRONE FRANCESCO	M	SM50	9	CORRERE OLTRE ASD	ITA	0:40:22	0:40:22	+8:44	4:02
61	134	SEMPREVIVO LUCIO	M	SM45	11	ATLAS TRIATHLON COSENZA	ITA	0:40:24	0:40:24	+8:46	4:02
62	135	PERRONE GIANLUIGI	M	SM40	11	ATLAS TRIATHLON COSENZA	ITA	0:40:24	0:40:24	+8:47	4:02
63	65	COZZA MASSIMINO	M	SM40	12	COSENZA K42	ITA	0:40:28	0:40:28	+8:51	4:02
64	36	BRUNO STEFANO	M	SM40	13	COSENZA K42	ITA	0:40:31	0:40:31	+8:53	4:03
65	148	DATTILO VINCENZO	M	SM40	14	LIBERTAS ATL.LAMEZIA	ITA	0:40:33	0:40:33	+8:55	4:03
66	64	CONFORTI PIERO	M	SM40	15	COSENZA K42	ITA	0:40:39	0:40:39	+9:01	4:03
67	137	ISABELLA CARLO LUIGI	M	SM60	2	LIBERTAS ATL.LAMEZIA	ITA	0:40:42	0:40:42	+9:05	4:04
68	211	SCARCELLA RUGGERO	M	SM55	6	VIOLETTACLUB	ITA	0:40:45	0:40:45	+9:07	4:04
69	238	CARATOZZOLO DIEGO	M	SM40	16	SCUOLA ATLETICA	ITA	0:40:45	0:40:45	+9:08	4:04
70	57	DE BERNARDO SALVATORE	M	SM50	10	COSENZA K42	ITA	0:40:48	0:40:48	+9:11	4:04
71	157	CRITELLI RINALDO	M	SM45	12	LIBERTAS ATL.LAMEZIA	ITA	0:40:49	0:40:49	+9:11	4:04
72	96	SPATARO GIOVANNI	M	SM40	17	A.S.D. JURE SPORT	ITA	0:40:51	0:40:51	+9:13	4:05
73	232	CORIALE BENEDETTO	M	SM35	17	SCUOLA ATLETICA	ITA	0:40:53	0:40:53	+9:15	4:05
74	151	CRITELLI ELVIDIO	M	SM45	13	LIBERTAS ATL.LAMEZIA	ITA	0:40:58	0:40:58	+9:20	4:05
75	21	LIGUORI FRANCESCO	M	SM55	7	A.S.ATLETICA FALCONARA	ITA	0:40:59	0:40:59	+9:22	4:05
76	114	PERRONE ANTONIO	M	SM40	18	ASD DOJO JUDO RUNNING	ITA	0:41:01	0:41:01	+9:24	4:06
77	195	FRUCI DANILO DOMENICO	M	SM35	18	HOBBY MARATHON	ITA	0:41:04	0:41:04	+9:26	4:06
78	109	SPIZZIRRI CARMINE	M	SM35	19	ASD DOJO JUDO RUNNING	ITA	0:41:04	0:41:04	+9:27	4:06
79	41	CURIA GIOVANNI	M	SM55	8	COSENZA K42	ITA	0:41:06	0:41:06	+9:29	4:06
80	23	MARINELLI ORAZIO GRAZIANO	M	SM35	20	AVIS IN CORSA CONVERSANO	ITA	0:41:19	0:41:19	+9:41	4:07
81	170	BRUNELLO FRANCESCO	M	SM65	1	ATLETICA ZARAPOTI	ITA	0:41:20	0:41:20	+9:43	4:07
82	97	BARBERIO BENEDETTO	M	SM55	9	A.S.D. JURE SPORT	ITA	0:41:21	0:41:21	+9:44	4:08
83	138	FALVO VINCENZO	M	SM55	10	LIBERTAS ATL.LAMEZIA	ITA	0:41:29	0:41:29	+9:51	4:08
84	267	RUSSO STEFANO	M	SM45	14	ATLETICA BARBAS	ITA	0:41:35	0:41:35	+9:58	4:09
85	275	FILIPPONE MICHELE	M	SM45	15	ASD RUNNING PALMI	ITA	0:41:38	0:41:38	+10:01	4:09
86	155	ANDRICCIOLA ANTONIO	M	SM40	19	LIBERTAS ATL.LAMEZIA	ITA	0:41:46	0:41:46	+10:08	4:10
87	217	BENEFICO FRANCESCO	M	SM50	11	RUN FOR CATANZARO	ITA	0:41:49	0:41:49	+10:12	4:10
88	19	DOMINELLI FRANCESCO	M	JM	1	A. S. D. MILONRUNNERS	ITA	0:41:54	0:41:54	+10:16	4:11
89	236	CIRILLO DAVIDE	M	SM35	21	SCUOLA ATLETICA	ITA	0:42:07	0:42:07	+10:30	4:12
90	48	PALERMO MASSIMO	M	SM40	20	COSENZA K42	ITA	0:42:09	0:42:09	+10:31	4:12
91	284	ROSSI GIOVANNI	M	SM55	11	CONOSCERE JONADI	ITA	0:42:09	0:42:09	+10:32	4:12
92	288	MAZZITELLO GIUSEPPE	M	SM40	21	A.S.D. ATLETICA SAN	ITA	0:42:21	0:42:21	+10:43	4:14
93	145	TUTINO VINCENZO	M	SM50	12	LIBERTAS ATL.LAMEZIA	ITA	0:42:22	0:42:22	+10:44	4:14
94	231	PALMIERI FRANCESCO	M	SM45	16	SCUOLA ATLETICA	ITA	0:42:28	0:42:28	+10:50	4:14
95	88	CORRADO FAUSTO	M	SM40	22	POL. MAGNA GRAECIA ASD	ITA	0:42:40	0:42:40	+11:03	4:16
96	244	ARACRI ANTONIO	M	SM50	13	EUROATLETICA 2002	ITA	0:42:42	0:42:42	+11:05	4:16
97	245	SCIUTO MARIO	M	SM55	12	ATLETICA SCIUTO	ITA	0:42:44	0:42:44	+11:07	4:16
98	265	GENTILE ALFONSO	M	SM40	23	ATLETICA BARBAS	ITA	0:42:52	0:42:52	+11:14	4:17
99	47	MASELLI CARLO	M	SM50	14	COSENZA K42	ITA	0:43:10	0:43:10	+11:33	4:18
100	241	CARDAMONE ROSSANA VANESSA	F	SF45	1	SCUOLA ATLETICA	ITA	0:43:12	0:43:12	+11:34	4:19
101	12	ADAMO DANIELE	M	JM	2	A. S. D. MILONRUNNERS	ITA	0:43:13	0:43:13	+11:36	4:19
102	289	DONATO ROCCO MARIA NAZZ	M	SM35	22	A.S.D. ATLETICA SAN	ITA	0:43:13	0:43:13	+11:36	4:19
103	266	LO FARO ANTONINO	M	SM35	23	ATLETICA BARBAS	ITA	0:43:18	0:43:18	+11:40	4:19
104	240	MARANGOLO ROSARIO	M	SM35	24	SCUOLA ATLETICA	ITA	0:43:18	0:43:18	+11:40	4:19
105	174	SPINA BRUNO	M	SM60	3	HOBBY MARATHON	ITA	0:43:22	0:43:22	+11:44	4:20
106	223	CARDAMONE PAOLO	M	SM50	15	RUN FOR CATANZARO	ITA	0:43:36	0:43:36	+11:59	4:21
107	166	GUALTIERI SANTINO	M	SM35	25	ATLETICA ZARAPOTI	ITA	0:43:39	0:43:39	+12:02	4:21
108	9	BARRETTA RAFFAELE	M	SM35	26	A. S. D. MILONRUNNERS	ITA	0:43:41	0:43:41	+12:03	4:22
109	205	CALLUSO FRANCESCO	M	SM60	4	VIOLETTACLUB	ITA	0:43:48	0:43:48	+12:11	4:22
110	242	COMPAGNONE LUCIANO	M	SM35	27	ASD CIRO' MARINA CHE	ITA	0:43:50	0:43:50	+12:13	4:22
111	235	SCALISE ROSARIO	M	SM60	5	SCUOLA ATLETICA	ITA	0:43:51	0:43:51	+12:14	4:23
112	239	LO RISO ROCCO	M	SM50	16	SCUOLA ATLETICA	ITA	0:43:52	0:43:52	+12:14	4:23
113	194	GUZZI GIUSEPPE	M	SM45	17	HOBBY MARATHON	ITA	0:43:53	0:43:53	+12:16	4:23
114	183	SINATORA ROMUALDO	M	SM	7	HOBBY MARATHON	ITA	0:44:00	0:44:00	+12:22	4:23
115	68	ARTUSO MASSIMILIANO	M	SM50	17	COSENZA K42	ITA	0:44:02	0:44:02	+12:25	4:24
116	226	ROTUNDO VITTORIO	M	SM	8	RUN FOR CATANZARO	ITA	0:44:14	0:44:14	+12:36	4:25
117	196	FORESTA MANUELA	F	SF35	1	HOBBY MARATHON	ITA	0:44:16	0:44:16	+12:39	4:25
118	227	PIRILLO ADRIANO	M	SM40	24	A. S. D. MILONRUNNERS	ITA	0:44:21	0:44:21	+12:44	4:26
119	181	LISTA SALVATORE	M	SM40	25	HOBBY MARATHON	ITA	0:44:22	0:44:22	+12:44	4:26

Generale

pos	pett.	atleta	sex	cat.	p.cat	team	naz	race time	real time	gap	media
120	32	ROSASPINA MAURIZIO	M	SM50	18	MARATHON CS	ITA	0:44:25	0:44:25	+12:47	4:26
121	269	CARAVELLI ANTONINO	M	SM50	19	ASD RUNNING PALMI	ITA	0:44:26	0:44:26	+12:49	4:26
122	225	GUALTIERI ETTORE	M	SM50	20	RUN FOR CATANZARO	ITA	0:44:36	0:44:36	+12:58	4:27
123	218	VERRE ANTONIO	M	SM	9	RUN FOR CATANZARO	ITA	0:44:37	0:44:37	+12:59	4:27
124	120	BIANCO FAUSTINA	F	SF50	1	ASD DOJO JUDO RUNNING	ITA	0:44:38	0:44:38	+13:01	4:27
125	198	ZOFREA NELLA	F	SF55	1	HOBBY MARATHON	ITA	0:44:46	0:44:46	+13:08	4:28
126	209	RETI PIETRO	M	SM50	21	VIOLETTACLUB	ITA	0:44:50	0:44:50	+13:12	4:28
127	188	MUSCOLINO GIUSEPPE	M	SM55	13	HOBBY MARATHON	ITA	0:44:53	0:44:53	+13:15	4:29
128	160	ALFIERI EDOARDO	M	SM60	6	C.S. GIOVANILE CZ LIDO	ITA	0:44:58	0:44:58	+13:20	4:29
129	45	PRINCIPATO DOMENICO	M	SM45	18	COSENZA K42	ITA	0:44:59	0:44:59	+13:21	4:29
130	256	CICCONE ROSA	F	SF45	2	ATLETICA SCIUTO	ITA	0:45:06	0:45:06	+13:28	4:30
131	90	CAVALIERE GIUSEPPE	M	SM50	22	POL. MAGNA GRAECIA ASD	ITA	0:45:10	0:45:10	+13:33	4:30
132	206	COLAFATI CARLO	M	SM45	19	VIOLETTACLUB	ITA	0:45:13	0:45:13	+13:35	4:31
133	14	MENDICINO GIUSEPPE	M	SM45	20	A. S. D. MILONRUNNERS	ITA	0:45:15	0:45:15	+13:38	4:31
134	149	ZAROLA ANTONIO	M	SM60	7	LIBERTAS ATL.LAMEZIA	ITA	0:45:16	0:45:16	+13:39	4:31
135	294	BARTOLUCCIO MIRKO	M	SM	10	RUNCARD	ITA	0:45:21	0:45:21	+13:44	4:32
136	280	MEGALE LUCIANO	M	SM60	8	ATLETICA SETTIMESE	ITA	0:45:29	0:45:29	+13:51	4:32
137	220	PAONE VINCENZO	M	SM45	21	RUN FOR CATANZARO	ITA	0:45:30	0:45:30	+13:52	4:32
138	300	SOLLAZZO VINCENZO	M	SM45	22	I FRICATI I CAPU A.S.D.	ITA	0:45:32	0:45:32	+13:54	4:33
139	301	LOMBARDO DAVIDE	M	SM40	26	I FRICATI I CAPU A.S.D.	ITA	0:45:32	0:45:32	+13:54	4:33
140	180	LEONE GAETANO	M	SM60	9	HOBBY MARATHON	ITA	0:45:34	0:45:34	+13:56	4:33
141	153	SESTO MICHELE	M	SM50	23	LIBERTAS ATL.LAMEZIA	ITA	0:45:39	0:45:39	+14:02	4:33
142	74	FABBRICATORE DAVIDE	M	SM35	28	COSENZA K42	ITA	0:45:42	0:45:42	+14:04	4:34
143	28	MAZZOTTA ANTONIO	M	SM50	24	MARATHON CS	ITA	0:45:44	0:45:44	+14:06	4:34
144	229	FORLEO VINCENZO	M	SM55	14	IL PONTE SCANDICCI ASD	ITA	0:45:47	0:45:47	+14:09	4:34
145	11	SESSA CARMINE	M	SM50	25	A. S. D. MILONRUNNERS	ITA	0:46:00	0:46:00	+14:23	4:35
146	286	CARIOTI MASSIMO	M	SM35	29	CONOSCERE JONADI	ITA	0:46:00	0:46:00	+14:23	4:35
147	112	TROPEA ANDREA	M	SM50	26	ASD DOJO JUDO RUNNING	ITA	0:46:02	0:46:02	+14:24	4:36
148	22	VENTURA CARMINE	M	SM55	15	G.S.P. III REGIONE AEREA BARI	ITA	0:46:03	0:46:03	+14:26	4:36
149	164	LOMBARDO CESARE	M	SM55	16	ATLETICA ZARAPOTI	ITA	0:46:04	0:46:04	+14:26	4:36
150	8	FICO SALVATORE	M	SM65	2	A. S. D. MILONRUNNERS	ITA	0:46:16	0:46:16	+14:38	4:37
151	89	TURANO PASQUALE	M	SM50	27	POL. MAGNA GRAECIA ASD	ITA	0:46:17	0:46:17	+14:40	4:37
152	233	LETTIERI GIUSEPPE	M	SM50	28	SCUOLA ATLETICA	ITA	0:46:18	0:46:18	+14:40	4:37
153	293	IERACE ORLANDO	M	SM40	27	RUNCARD	ITA	0:46:21	0:46:21	+14:43	4:38
154	197	STRANO EUGENIA	F	SF	3	HOBBY MARATHON	ITA	0:46:22	0:46:22	+14:45	4:38
155	277	SURACE CARMELO	M	SM65	3	CORRI CON NOI PALMI	ITA	0:46:24	0:46:24	+14:47	4:38
156	117	GIGLIO ADESIO ANTONIO	M	SM50	29	ASD DOJO JUDO RUNNING	ITA	0:46:28	0:46:28	+14:50	4:38
157	69	CAVA FRANCESCO	M	SM50	30	COSENZA K42	ITA	0:46:32	0:46:32	+14:54	4:39
158	73	ABRESCIA GIUSEPPE	M	SM45	23	COSENZA K42	ITA	0:46:32	0:46:32	+14:54	4:39
159	271	DORIA ROCCO	M	SM55	17	ASD RUNNING PALMI	ITA	0:46:38	0:46:38	+15:01	4:39
160	262	MURDACA CARMELO	M	SM35	30	PODISTILOCRI	ITA	0:46:41	0:46:41	+15:03	4:40
161	122	TASSONI CATERINA	F	SF	4	ASD DOJO JUDO RUNNING	ITA	0:46:45	0:46:45	+15:07	4:40
162	296	DAMIANO GIOVANNI BATTIST	M	SM35	31	RUNCARD	ITA	0:46:46	0:46:46	+15:08	4:40
163	247	FERLITO NATALE ANTONIO	M	SM50	31	ATLETICA SCIUTO	ITA	0:46:46	0:46:46	+15:09	4:40
164	13	GERACE SIMONE	M	SM40	28	A. S. D. MILONRUNNERS	ITA	0:46:47	0:46:47	+15:10	4:40
165	250	PASCONI IRENE MARIA	F	SF50	2	ATLETICA SCIUTO	ITA	0:46:48	0:46:48	+15:11	4:40
166	101	MARTINO ELIO	M	SM45	24	A.S.D. JURE SPORT	ITA	0:46:51	0:46:51	+15:14	4:41
167	213	GIGANTE SILVANA	F	SF65	1	VIOLETTACLUB	ITA	0:46:52	0:46:52	+15:15	4:41
168	207	DOMENICANO MICHELE	M	SM45	25	VIOLETTACLUB	ITA	0:46:59	0:46:59	+15:22	4:41
169	99	GENTILE SALVATORE	M	SM45	26	A.S.D. JURE SPORT	ITA	0:47:13	0:47:13	+15:35	4:43
170	154	ZAFFINA ZOLLI CRISTIAN	M	SM40	29	LIBERTAS ATL.LAMEZIA	ITA	0:47:15	0:47:15	+15:37	4:43
171	168	CARIOTI SALVATORE	M	SM50	32	ATLETICA ZARAPOTI	ITA	0:47:19	0:47:19	+15:42	4:43
172	172	BERLINGO' SERAFINO	M	SM45	27	ATLETICA ZARAPOTI	ITA	0:47:24	0:47:24	+15:46	4:44
173	59	CONFORTI CORRADO	M	SM60	10	COSENZA K42	ITA	0:47:24	0:47:24	+15:47	4:44
174	56	LUCIANI LUCIO	M	SM55	18	COSENZA K42	ITA	0:47:25	0:47:25	+15:47	4:44
175	282	DOMINELLI DOMENICO	M	SM50	33	ATLETICA VIBO VALENTIA	ITA	0:47:32	0:47:32	+15:55	4:45
176	113	CIVALE ANTONIO	M	SM55	19	ASD DOJO JUDO RUNNING	ITA	0:47:33	0:47:33	+15:56	4:45
177	173	FONTANA PANTALEONE	M	SM40	30	ATLETICA ZARAPOTI	ITA	0:47:44	0:47:44	+16:07	4:46
178	49	TUNDIS LIDO	M	SM65	4	COSENZA K42	ITA	0:47:47	0:47:47	+16:10	4:46
179	292	FALBO GIOVANNI	M	SM45	28	RUNCARD	ITA	0:47:49	0:47:49	+16:12	4:46
180	185	BENENATI DANILO	M	SM45	29	HOBBY MARATHON	ITA	0:47:49	0:47:49	+16:12	4:46
181	201	BARBERI SABINA	F	SF45	3	HOBBY MARATHON	ITA	0:47:50	0:47:50	+16:13	4:46
182	248	TOMA GRAZIA	F	SF60	1	ATLETICA SCIUTO	ITA	0:47:52	0:47:52	+16:14	4:47

Generale

pos	pett.	atleta	sex	cat.	p.cat	team	naz	race time	real time	gap	media
183	67	VITALE ALESSANDRO	M	SM40	31	COSENZA K42	ITA	0:47:53	0:47:53	+16:16	4:47
184	204	DE SENSI PASQUALE	M	SM60	11	VIOLETTACLUB	ITA	0:47:57	0:47:57	+16:19	4:47
185	16	MARINO ANDREA	M	SM45	30	A. S. D. MILONRUNNERS	ITA	0:47:58	0:47:58	+16:20	4:47
186	133	SICILIANO MARIO	M	SM55	20	ATLAS TRIATHLON COSENZA	ITA	0:47:59	0:47:59	+16:21	4:47
187	163	PULLANO FRANCESCO	M	SM65	5	ATLETICA ZARAPOTI	ITA	0:47:59	0:47:59	+16:21	4:47
188	103	FABIANO GIOVANNI	M	SM40	32	A.S.D. JURE SPORT	ITA	0:48:04	0:48:04	+16:27	4:48
189	200	VIAPIANA TIZIANA	F	SF45	4	HOBBY MARATHON	ITA	0:48:06	0:48:06	+16:29	4:48
190	39	BRUNO DENIS	M	SM40	33	COSENZA K42	ITA	0:48:31	0:48:31	+16:53	4:51
191	224	CAPICOTTO ANTONIO	M	SM65	6	RUN FOR CATANZARO	ITA	0:48:31	0:48:31	+16:54	4:51
192	270	SOLANO DOMENICO	M	SM55	21	ASD RUNNING PALMI	ITA	0:48:36	0:48:36	+16:58	4:51
193	92	DILEO MICHELE FIORENZO	M	SM40	34	POL. MAGNA GRAECIA ASD	ITA	0:48:47	0:48:47	+17:10	4:52
194	208	AMMENDA ROBERTO	M	SM40	35	VIOLETTACLUB	ITA	0:48:56	0:48:56	+17:19	4:53
195	169	PROCOPIO ANTONIO	M	SM50	34	ATLETICA ZARAPOTI	ITA	0:48:59	0:48:59	+17:22	4:53
196	83	FONDACARO ANNUNZIATA	F	SF50	3	COSENZA K42	ITA	0:49:08	0:49:08	+17:31	4:54
197	31	MEJRI KAMEL	M	SM50	35	MARATHON CS	ITA	0:49:23	0:49:23	+17:46	4:56
198	276	MELISSARI ANTONINO	M	SM65	7	CORRI CON NOI PALMI	ITA	0:49:27	0:49:27	+17:49	4:56
199	52	RAHO COSIMO	M	SM50	36	COSENZA K42	ITA	0:49:33	0:49:33	+17:56	4:57
200	178	ELIA DOMENICO	M	SM60	12	HOBBY MARATHON	ITA	0:49:38	0:49:38	+18:01	4:57
201	40	SORCALE ANGELO VELIO	M	SM65	8	COSENZA K42	ITA	0:49:45	0:49:45	+18:07	4:58
202	279	CALIGIURI GIAMPIERO	M	SM40	36	PUROSANGUE ATHLETICS	ITA	0:49:46	0:49:46	+18:08	4:58
203	91	DRAMIS COSMO	M	SM45	31	POL. MAGNA GRAECIA ASD	ITA	0:49:55	0:49:55	+18:18	4:59
204	252	NERI ANGELA	F	SF55	2	ATLETICA SCIUTO	ITA	0:49:59	0:49:59	+18:22	4:59
205	123	DE SALVO MARIA	F	SF45	5	ASD DOJO JUDO RUNNING	ITA	0:50:29	0:50:29	+18:51	5:02
206	268	SANTANOCETO SALVATORE	M	SM55	22	ASD RUNNING PALMI	ITA	0:50:36	0:50:36	+18:58	5:03
207	82	BARTOLETTI MARIA GABRIELLA	F	SF55	3	COSENZA K42	ITA	0:50:37	0:50:37	+19:00	5:03
208	132	LANZONE LORENZO	M	SM45	32	I FRICATI I CAPU A.S.D.	ITA	0:50:59	0:50:59	+19:21	5:05
209	199	SCORZA LOREDANA	F	SF50	4	HOBBY MARATHON	ITA	0:51:06	0:51:06	+19:28	5:06
210	299	ALFIERI DANIELA	F	SF40	1	RUNCARD	ITA	0:51:09	0:51:09	+19:31	5:06
211	29	SICILIANO QUINTINO	M	SM50	37	MARATHON CS	ITA	0:51:10	0:51:10	+19:32	5:06
212	285	ROSSI ANTONIO	M	SM60	13	CONOSCERE JONADI	ITA	0:51:16	0:51:16	+19:38	5:07
213	124	TRONI PATRIZIA	F	SF40	2	ASD DOJO JUDO RUNNING	ITA	0:51:19	0:51:19	+19:42	5:07
214	20	FICO VALENTINA	F	JF	1	A. S. D. MILONRUNNERS	ITA	0:51:40	0:51:40	+20:03	5:09
215	18	CORTESE WALTER	M	SM40	37	A. S. D. MILONRUNNERS	ITA	0:51:41	0:51:41	+20:04	5:10
216	79	PANDOLFO MARIA FRANCESCA	F	SF45	6	COSENZA K42	ITA	0:51:42	0:51:42	+20:05	5:10
217	55	TARSITANO GIUSEPPE	M	SM55	23	COSENZA K42	ITA	0:52:07	0:52:07	+20:30	5:12
218	159	MUZZI ULDERICO	M	SM70	1	S.S.FIAMMA ATL.CATANZARO	ITA	0:52:20	0:52:20	+20:42	5:13
219	161	RUFFA MARIO	M	SM60	14	C.S. GIOVANILE CZ LIDO	ITA	0:52:24	0:52:24	+20:47	5:14
220	62	SPIZZIRRI VINCENZO	M	SM60	15	COSENZA K42	ITA	0:52:25	0:52:25	+20:47	5:14
221	104	QUERO MICHELE	M	SM35	32	A.S.D. JURE SPORT	ITA	0:52:29	0:52:29	+20:52	5:14
222	237	BISCEGLIA MASSIMO	M	SM45	33	SCUOLA ATLETICA	ITA	0:52:33	0:52:33	+20:55	5:15
223	17	FUOCO DOMENICO	M	SM	11	A. S. D. MILONRUNNERS	ITA	0:52:37	0:52:37	+21:00	5:15
224	261	LO GIUDICE GIUSEPPE	M	SM65	9	PODISTILOCRI	ITA	0:52:41	0:52:41	+21:04	5:16
225	44	BURRECI VINCENZO	M	SM70	2	COSENZA K42	ITA	0:52:47	0:52:47	+21:09	5:16
226	87	LANZILLOTTA ANTONIO	M	SM50	38	POL. MAGNA GRAECIA ASD	ITA	0:53:25	0:53:25	+21:47	5:20
227	290	CASSANO OLEANA	F	SF	5	RUNCARD	ITA	0:53:27	0:53:27	+21:50	5:20
228	10	BUSCEMA LUIGI	M	SM50	39	A. S. D. MILONRUNNERS	ITA	0:53:40	0:53:40	+22:03	5:21
229	46	MARRA PASQUALE	M	SM60	16	COSENZA K42	ITA	0:54:02	0:54:02	+22:24	5:24
230	86	GENOVESE LUIGI	M	SM55	24	POL. MAGNA GRAECIA ASD	ITA	0:54:04	0:54:04	+22:27	5:24
231	191	BAVA RAFFAELE	M	SM60	17	HOBBY MARATHON	ITA	0:54:15	0:54:15	+22:38	5:25
232	131	BATILDE GIOVANNI	M	SM35	33	I FRICATI I CAPU A.S.D.	ITA	0:54:45	0:54:45	+23:08	5:28
233	298	FERRARO ANTONIO	M	SM70	3	RUNCARD	ITA	0:54:49	0:54:49	+23:11	5:28
234	212	DE STEFANO GRAZIELLA	F	SF50	5	VIOLETTACLUB	ITA	0:54:55	0:54:55	+23:18	5:29
235	25	CORNACCHIA MICHELE	M	SM70	4	ATL. BEDIZZOLE	ITA	0:54:58	0:54:58	+23:21	5:29
236	54	RINALDI FRANCESCO	M	SM60	18	COSENZA K42	ITA	0:55:36	0:55:36	+23:59	5:33
237	251	PUGLIESE VALERIA IRENE	F	SF45	7	ATLETICA SCIUTO	ITA	0:55:56	0:55:56	+24:18	5:35
238	146	PIZZUTI PIETRO	M	SM60	19	LIBERTAS ATL.LAMEZIA	ITA	0:56:02	0:56:02	+24:25	5:36
239	264	CROCE ANTONELLO IGNAZI	M	SM50	40	ATLETICA BARBAS	ITA	0:56:25	0:56:25	+24:47	5:38
240	76	IAPICHINO PIERLUIGI	M	SM	12	COSENZA K42	ITA	0:56:32	0:56:32	+24:54	5:39
241	110	SERVIDIO CARMELO	M	SM40	38	ASD DOJO JUDO RUNNING	ITA	0:56:37	0:56:37	+25:00	5:39
242	33	DOMMA UMBERTO	M	SM55	25	MARATHON CS	ITA	0:57:03	0:57:03	+25:25	5:42
243	26	ARMIERI FRANCO	M	SM70	5	MARATHON CS	ITA	0:57:07	0:57:07	+25:29	5:42
244	34	PIZZOLOTTO ROBERTO	M	SM55	26	COSENZA K42	ITA	0:57:38	0:57:38	+26:01	5:45
245	171	NUNNARI MASSIMO	M	SM45	34	ATLETICA ZARAPOTI	ITA	0:57:45	0:57:45	+26:07	5:46

Generale

pos	pett.	atleta	sex	cat.	p.cat	team	naz	race time	real time	gap	media
246	165	PAVONE SAVERIO	M	SM50	41	ATLETICA ZARAPOTI	ITA	0:57:49	0:57:49	+26:12	5:46
247	274	MODAFFERI NICOLA	M	SM40	39	ASD RUNNING PALMI	ITA	0:57:55	0:57:55	+26:18	5:47
248	121	TALARICO SIMONA	F	SF40	3	ASD DOJO JUDO RUNNING	ITA	0:58:06	0:58:06	+26:28	5:48
249	253	GALLO TIZIANA	F	SF45	8	ATLETICA SCIUTO	ITA	0:58:19	0:58:19	+26:42	5:49
250	71	COVELLI LUIGI	M	SM70	6	COSENZA K42	ITA	0:59:58	0:59:58	+28:21	5:59
251	126	ALTOMARE LOREDANA	F	SF	6	ASD DOJO JUDO RUNNING	ITA	1:01:03	1:01:03	+29:26	6:06
252	115	MINARDI LUIGI	M	SM	13	ASD DOJO JUDO RUNNING	ITA	1:01:04	1:01:04	+29:26	6:06
253	295	NATALI GIANLUCA	M	SM45	35	RUNCARD	ITA	1:01:18	1:01:18	+29:40	6:07
254	100	BITONTI GIOVANNI	M	SM70	7	A.S.D. JURE SPORT	ITA	1:02:14	1:02:14	+30:37	6:13
255	80	CALDAROLA MARIA ROSARIA	F	SF40	4	COSENZA K42	ITA	1:02:20	1:02:20	+30:42	6:13
256	215	PRINZI ELISABETTA	F	SF55	4	ASD ATLETICA AVIS CURINGA	ITA	1:03:02	1:03:02	+31:25	6:18
257	136	MORRONE MARIA LUISA	F	SF55	5	ATLAS TRIATHLON COSENZA	ITA	1:03:07	1:03:07	+31:30	6:18
258	243	CARDACE IDA	F	SF35	2	ASD CIRO' MARINA CHE	ITA	1:03:40	1:03:40	+32:03	6:21
259	129	FORMOSO MIMMO	M	SM45	36	I FRICATI I CAPU A.S.D.	ITA	1:03:52	1:03:52	+32:15	6:23
260	297	GATTO FRANCESCO	M	SM45	37	RUNCARD	ITA	1:04:26	1:04:26	+32:49	6:26
261	273	LAGANA' ANTONIO	M	SM50	42	ASD RUNNING PALMI	ITA	1:05:07	1:05:07	+33:30	6:30
262	257	DI PAOLA GIUSEPPE	M	SM55	27	PODISTILOCRI	ITA	1:05:51	1:05:51	+34:14	6:35
263	24	COPPI ANNA PAOLA	F	SF	7	AVIS IN CORSA CONVERSANO	ITA	1:06:00	1:06:00	+34:23	6:35
264	125	COSTANZO LUIGINA	F	SF35	3	ASD DOJO JUDO RUNNING	ITA	1:06:14	1:06:14	+34:36	6:37
265	152	CHIRUMBOLO GIUSEPPE	M	SM50	43	LIBERTAS ATL.LAMEZIA	ITA	1:07:50	1:07:50	+36:13	6:46
266	158	TAIANI MONICA	F	SF50	6	LIBERTAS ATL.LAMEZIA	ITA	1:07:50	1:07:50	+36:13	6:46
267	85	WIESEL GUDRUN	F	SF55	6	COSENZA K42	ITA	1:08:14	1:08:14	+36:36	6:49